

# JUMP START



## Lesson 1: Surrender

God wants you to  
surrender fully to Him.

*That is why the Lord  
says "Turn to me now,  
while there is time.  
Give me your hearts."  
Joel 2:12*



**EYES ON THE ROAD:** Watch the video.

### START YOUR ENGINE

What is the one thing that would be impossible for you to give up? (food, hobby, etc)  
Why would it be impossible?



### CHARGE YOUR BATTERY

Scripture references may be found at the end of each lesson.

1. The definition of surrender is quit, cave-in, abandon, and throw-in-the-towel.  
Which of these words best describes your idea of surrender?  
  
Can you think of a time when these words characterized your relationship with someone else?  
  
Can you think of a time when these words characterized your relationship with God?
2. How do you think God sees you; as someone who fights to get your own way or as someone who fights to get to know Him better?
3. Name a time in your life when you felt like you were fighting with God but later you saw a victory.
4. From the video, describe how Jacob surrendered.

Genesis 32:9-12  
Genesis 32:24-26

5. In the story of Jacob and Esau, it was ultimately God who changed their hearts. Read up the following verses and record what they say about how God sees your heart.

Proverbs 27:19

Psalm 139:23-24

In your own words, describe how God sees your heart.

6. Now that you have examined your own heart, are there habits, dependencies and/or attitudes that you would like to eliminate from your life?

As a result of this lesson, what will you more fully surrender to God?

In this lesson, you have been faithful to learn God's Word. Now it's time to *Hit the Road*. By doing the *Hit the Road* portion of *Jumpstart*, you will take what you have learned and put it into action. Don't miss the most exciting part of the ride.



## HIT THE ROAD

1. Reflect on the past week and think of a time when you rushed into a situation and solved it your own way.

Was a relationship with someone else impacted?  
How?

This week, be aware of times when you are tempted to rush in with your own way or answer. Instead, choose to give God room to work. Record your experience.

2. For each person, surrender to God will look different. Today, what will you give up (or do differently) in exchange for time with God?

At the end of the day, ask God and consider whether this is a one time surrender or if it is something you should surrender again tomorrow. (This could be a moral, physical or oral surrender.)

“If my life is surrendered to God, all is well. Let me not grab it back, as though it were in peril in His hand but would be safer in mine!”  
—Elisabeth Elliot

3. Read Proverbs 3:5-6.

What is one thing that you will entrust to the Lord as you surrender it to Him this week?

Cut off the car below with the Proverbs 3:5-6 verses. Punch two holes and tie a string through the car and hang from your rearview mirror. (If you don't drive, put it on your bathroom mirror or another prominent place.) Use your time in the car (or while you are getting ready), allowing yourself to surrender one thing to God. While in your car, trust God with this issue. Ask Him to help you and thank Him for whatever happens.



*Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take. — Proverbs 3:5-6*

## SCRIPTURES (NEW LIVING TRANSLATION)



### CHARGE YOUR BATTERY

#### **Genesis 32:9-12 —**

*Then Jacob prayed, “O God of my grandfather Abraham, and God of my father, Isaac—O Lord, you told me, ‘Return to your own land and to your relatives.’ And you promised me, ‘I will treat you kindly.’ I am not worthy of all the unfailing love and faithfulness you have shown to me, your servant. When I left home and crossed the Jordan River, I owned nothing except a walking stick. Now my household fills two large camps! O Lord, please rescue me from the hand of my brother, Esau. I am afraid that he is coming to attack me, along with my wives and children. But you promised me, ‘I will surely treat you kindly, and I will multiply your descendants until they become as numerous as the sands along the seashore—too many to count.’”*

#### **Genesis 32:24-26 —**

*This left Jacob all alone in the camp, and a man came and wrestled with him until the dawn began to break. When the man saw that he would not win the match, he touched Jacob’s hip and wrenched it out of its socket. Then the man said, “Let me go, for the dawn is breaking!” But Jacob said, “I will not let you go unless you bless me.”*

#### **Proverbs 27:19 —**

*As a face is reflected in water, so the heart reflects the real person.*

#### **Psalms 139:23-24 —**

*Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life.*



### HIT THE ROAD

#### **Proverbs 3:5-6 —**

*Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.*