

# JUMPSTART



## Jumpstart Your Heart Leader's Guide

**Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us. ~ Ephesians 3:20**

*Thank you for choosing Jumpstart Online Bible Study. Jumpstart works well in a variety of venues: in a large group setting, with 2 to 3 people at a coffee shop or on a lunch hour by yourself. However you choose to use it, we are so glad that you will be joining us as you study God's Word. We are praying for you as you Jumpstart your Heart.*

*Enjoy the ride.*

*Becky & Susan*

### **WHAT YOU WILL FIND ONLINE** at [www.morethanyouimagine.org](http://www.morethanyouimagine.org)

1. Introduction explaining how the study works
2. Video segments along with downloadable personal study questions
3. Downloadable Leader's Guide with helpful tools for leading along with answers to the personal study questions

### **HELPFUL TOOLS TO PREPARE YOU FOR LEADING A STUDY**

*If this is the first time you have led a Bible study, we want to encourage you that God doesn't call the equipped; God equips those He calls to serve Him. Just because you are leading doesn't mean you must have all the answers. He is looking for the faithful. So, thank you for your willingness.*

- Make sure everyone knows ahead of time when and where you will meet
- Print a copy of the study for each group member
- Complete your own study questions ahead of time
- Send an email two days before each meeting to encourage group members to come and share a personal **Hit the Road** experience from the last lesson
- Bring a sign-up sheet to your meetings to collect contact information (phone, email, etc.)
- Sit where you are able to welcome latecomers as they arrive
- Watch the clock to stay on schedule and end on time
- At the end of the study, encourage your group members to do a Jumpstart online study with other people they know

## **TIMELINE/INSTRUCTIONS TO HELP YOU PREPARE FOR LEADING A LESSON**

*(Based on a 1-hour meeting)*

### **Opening Time and Prayer (5 minutes)**

Welcome group members to the study and open with prayer. Pray something like this:

*Thank you God for bringing this group together. Open our hearts and minds so that we can know You better through this study. In Jesus' name, Amen.*



### **Rearview Mirror (except Lesson 1) (5 minutes)**

Share personal stories from the previous lesson's **Hit the Road** experiences

### **Eyes on the Road (10 minutes)**



Watch the applicable video teaching segment of the Bible study at [www.morethanyouimagine.org](http://www.morethanyouimagine.org)

### **Start Your Engine (5 minutes)**

Use this question that's designed to get the juices flowing to open up some easy and enjoyable introspection/discussion. Have fun with this!



### **Charge Your Battery (30 minutes)**

Answer and discuss the personal Bible study questions. While group members take 15-20 minutes to answer their questions, refresh your mind by going over your own answers. Ask God to prepare you for the upcoming discussion and for Him to give you a listening ear and encouraging responses. All Scripture references are provided at the end of each lesson.

### **Hit the Road (5 minutes)**



Take time to review the **Hit the Road** application suggestions with your group. People may love to study the Bible, but actually applying it takes extra effort and encouragement. Remind your group that when you get together next time, you will begin by sharing your **Hit the Road** experiences in the **Rearview Mirror** portion of your meeting.

### **Closing Prayer**

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## Jumpstart Your Heart Leader's Questions/Answers

### Lesson 1: Surrender

*That is why the Lord says, "Turn to me now, while there is time. Give me your hearts."*  
Joel 2:12

**AIM:** God wants you to surrender fully to Him.

#### OPENING TIME AND PRAYER

Welcome participants to the study and open with prayer. Pray something like this:

*Thank you, God for bringing this group together. Open our hearts and minds so that we can know You better through this study. In Jesus' name, Amen.*



#### EYES ON THE ROAD

#### START YOUR ENGINE



#### CHARGE YOUR BATTERY

4. From the video, describe how Jacob surrendered.

Genesis 32:9-12    **He prayed, called out to God**

Genesis 32:24-26    **He wrestled with God, believed God would bless him**

5. In the story of Jacob and Esau, it was ultimately God who changed their hearts.

Read the following verses and record what they say about how God sees your heart.

Proverbs 27:19    **The heart reflects the real person.**

Psalms 139:23-24    **God is willing to point out the troubles with our heart.**



#### HIT THE ROAD

Encourage everyone to complete the **Hit the Road** application section. You may want to point out the three opportunities for your group members to apply what they have learned.

#### CLOSING PRAYER

## Lesson 2: Love

“And as we live in God, our love grows more perfect.”  
1 John 4:17a

**AIM:** God wants you to love Him deeply.

### OPENING TIME AND PRAYER

Welcome participants to the study and open with prayer. Pray something like this:

*Thank you, God for bringing this group together. Open our hearts and minds so that we can know You better through this study. In Jesus’ name, Amen.*



### REARVIEW MIRROR



### EYES ON THE ROAD

### START YOUR ENGINE



### CHARGE YOUR BATTERY

2. Read Romans 8:38-39. Describe God’s love according to these verses.

**Nothing can separate us from God’s love.**

3. Read Romans 5:8. In this verse, how is God’s love selfless, sacrificial and/or unconditional? (You may also want to read Romans 5:6-7.)

**God’s love is selfless because He sent His own Son. It is sacrificial because God’s Son, Jesus, gave His life for us. God’s love is unconditional because He gave regardless of whether we wanted His love or not.**

4. Read Psalm 145:8-10. List the character qualities of God. (These qualities also reflect your life when “lived in God”.)

**God is merciful, compassionate, slow to get angry and filled with love. The Lord is good to everyone.**

5. How do we love like God loves? Read 1 John 4:19-21 and write your thoughts.

**We love others because of God’s perfect example of love. We can only love others perfectly if we know God’s love.**



### HIT THE ROAD

Encourage everyone to complete the **Hit the Road** application section. You may want to point out the three opportunities for your group members to apply what they have learned.

### CLOSING PRAYER

## Lesson 3: Receive

*“For everyone who asks, receives. Everyone who seeks, finds.  
And to everyone who knocks, the door will be opened.”*

*Matthew 7:8*

**AIM:** God wants you to receive a rich relationship with Him.

### OPENING TIME AND PRAYER

Welcome participants to the study and open with prayer. Pray something like this:

*Thank you, God for bringing this group together. Open our hearts and minds so that we can know You better through this study. In Jesus’ name, Amen.*



#### REARVIEW MIRROR



#### EYES ON THE ROAD

#### START YOUR ENGINE



#### CHARGE YOUR BATTERY

4. Write out Revelation 3:20. In this verse, what two things must you do to receive Jesus?

**To receive Jesus, you must be willing to invite Him into your heart.**

5. The second part of Revelation 3:20 promises that if we receive Jesus, He will come in and fellowship with us. What does fellowship with Jesus look like to you?

**Fellowship might look like: you give Jesus your full attention, your time with Him is a top priority, it should leave you feeling full.**



#### HIT THE ROAD

Encourage everyone to complete the **Hit the Road** application section. You may want to point out the three opportunities for your group members to apply what they have learned.

### CLOSING PRAYER

## Lesson 4: Give

*“Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless.”*

*1 Corinthians 15:58b*

**AIM:** God wants you to give generously.

### OPENING TIME AND PRAYER

Welcome participants to the study and open with prayer. Pray something like this:

*Thank you, God for bringing this group together. Open our hearts and minds so that we can know You better through this study. In Jesus’ name, Amen.*



### REARVIEW MIRROR



### EYES ON THE ROAD

### START YOUR ENGINE



### CHARGE YOUR BATTERY

4. Re-read 2 Corinthians 9:6-7. What do these verses say about how you give? What do they say about how God feels when you give?

**Give lavishly, don't be stingy. Shouldn't be out of duty, should be a delight. God loves when the giver delights in giving.**

5. Anticipating that God wants to do something through our lives is the second step. When we ask, God is willing to provide us everything we need to be “givers”. Read 2 Corinthians 9:8 again and see what God is willing to do if we are willing to give.

**He is willing to pour astonishing blessings on the giver. The giver is ready for anything and everything.**

6. The final step in becoming the “giver” is to activate what is laid on your heart. Re-read 2 Corinthians 9:12-13. Verses 12-13 state how we “give”. Complete these phrases:

- A. Live at your very **best**.
- B. Show your **gratitude to God**.
- C. Be openly **obedient**.



### HIT THE ROAD

Encourage everyone to complete the **Hit the Road** application section. You may want to point out the three opportunities for your group members to apply what they have learned.

### CLOSING PRAYER